

Ham & Cheese Breakfast Melt



Prep: 5 minutes

Broil: 3 minutes

Serves: 1

Ingredients:

- 2 thin slices wheat bread, toasted
- 2 slices cooked ham (about 2 ounces)
- 1 slice cheddar or swiss cheese (about 1 ounce)
- 6 to 8 fresh spinach or basil leaves

Preparation:

1. Heat the broiler. Place one toasted bread slice on a rack in a broiler pan. Top with the ham and cheese.
2. Broil 4 inches from the heat for 3 minutes or until the cheese is melted.
3. Add spinach or basil leaves.